

ABOUT THE SHOW

Far too many women out there today needlessly suffer with AUB. We're here to talk and empower women with knowledge, real-life stories and the facts when it comes to all things related to periods. This show is hosted by two women with backgrounds in nursing passionate about making a difference for women. It's #TimeToTalk...Period.

Together, let's break down the stigma surrounding Abnormal Uterine Bleeding (AUB), and everything that comes along with women's health.

Each month, we will continue to build dialogue aimed at normalizing the conversation around uterine health.



Time to
Talk...

Period.



SHOW FORMAT AND OTHER DETAILS

The podcast is an interview-style format. We won't be asking you to divulge anything proprietary or confidential, and if at the end of it, you feel like you want to strike something, you can let us know and we will gladly remove it in post-production.

The show will be hosted by Katie Carranza, RN and Shelly Spicer, RN, members of Minerva's clinical education team. The recording is scheduled for 45 minutes, allowing for around 30 minutes of post-edited content.

Since you are providing us and our listeners with your valuable time and expertise, we will be sure to provide you all the assets from your interview, including the full video and various micro-clips, so you can share your expertise with your personal network.